



Diseases of the heart 200 thousand deaths per year

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Heart diseases are the first cause of death in Italy and are responsible for approximately 200 thousand deaths per year, with a peak among those over 65. To know how has changed the hearts of the elderly of today, and what are the initiatives put in place to improve the health, now part of a broad project of prevention of cardiovascular disease, which will bring free controls in

the Italian villages starting from Guercino, the medieval village of Ciociaria

Promoted by the Italian Society of Cardiology geriatric (SICGe), Federanziani and non-profit Health a Society the project "The heart of. ..

.. " will be the name of the small Italian town where, stage after stage, will be hosted.



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The first country to experiment with the initiative, from 4 to 11 July, will be Guarcino, in the province Frosinone.

"Our small towns lend themselves very well to this initiative. It is, in fact, – says Alessandro Boccanelli, director of the Department of cardiovascular diseases, Hospital San Giovanni Addolorata, Rome and president SICGe – community consisting of not more than 2000 people, with a population on average older and who have perhaps less opportunities of the population of the city to be subject to medical checks".

For the Italian Society of Cardiology-Geriatric care, among the objectives of the project is to define the prevalence of cardiovascular disease in the elderly, such as atrial fibrillation or ventricular dysfunction.

In the segment of the population over 65 years old, in fact, there are many conditions that, if caught in time, can be treated before they become serious problems. "It's a wonderful occasion – said the mayor of Guarcino, the Urban Rest – to increase the level of health of the community, which, thanks to the impetus of family physicians, and a scientific society, he manages to get the controls, technologically sophisticated and tips of behavior precious, with cost". . .

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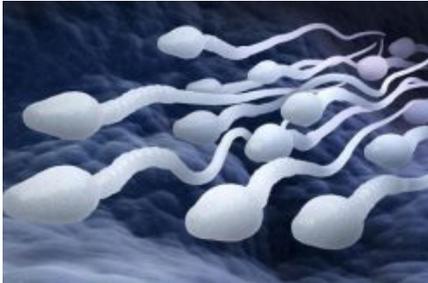
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